

5 March 2026

# GOODBYE

*good luck*

Dear Parents,

I am delighted (with just a tinge of sadness) to share the news that Mrs Kynicos has been appointed as SENCo and Senior Leader at St Martin's School.

After many years at VCP, Mrs Kynicos leaves having made an enormous impact on our provision for children with additional needs. She has worked tirelessly to ensure that every child is supported, cared for, and understood. Many of you will know how dedicated she has been in working alongside families, always ready to make a call, arrange a meeting, or have those important conversations to ensure children remain at the heart of every decision.

Alongside her work as SENCo, Mrs Kynicos has been a valued member of our Senior Leadership Team. Her influence can be seen in so many areas of school life, from supporting pupil voice through School Council to guiding our peer mediators, as well as countless other contributions that have helped shape who we are as a school today.

We are incredibly proud that so many of our staff move on to further their careers, and Mrs Kynicos is a wonderful example of this. She will now be taking on the additional excitement of Key Stage 1 and the joys of a nursery class. While the challenges will be different, her compassion, expertise, and commitment to children will continue to shine. St Martin's School are very fortunate to have her.

Please join us in congratulating her on this fantastic achievement. Although we cannot yet confirm what her replacement will look like, we hope you will join us in celebrating her success and the legacy she leaves behind.

Kind regards,

Mr Pateman

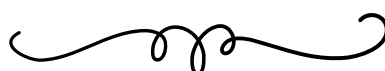
## VCP Whole School Photo

OUR WHOLE SCHOOL PHOTO WILL TAKE PLACE AT 1:30PM ON THURSDAY 12 MARCH 2026



YEAR 3 - BOYS SHOULD COME TO SCHOOL IN FULL SCHOOL UNIFORM  
(GAMES KIT NOT REQUIRED)

YEAR 6 - BOYS SHOULD COME TO SCHOOL IN PE KIT &  
BRING THEIR UNIFORM IN A SEPARATE BAG



# STRANGER SAFETY GUIDE

## THE THREE NON-NEGOTIABLE RULES

01

**Adults ask adults for help, not children.**

*If a stranger asks your child for help, directions, or to look for something, the answer is always: "Sorry, I can't help you." Then walk away.*

02

**Never go anywhere with someone you don't know**

*No exceptions. Not if they claim to know you.  
Not if they say there's an emergency.*

03

**Trust your gut and tell someone immediately**

*If something feels wrong, it probably is.  
Tell a trusted adult straight away.*

## COMMON TACTICS AND WHAT TO SAY

**"Your mum sent me"**

"What's our family code word?" OR "I need to check with my teacher first."

**"Your mum's been in an accident. Come with me."**

"I'm going back to school right now." OR go into the nearest shop.

**"Can you help me find my lost cat?"**

"No, sorry." Keep walking towards other people.

**Offers of money, sweets, lifts, or gifts**

"No thanks." Walk away immediately.

### SAFE ADULTS TO ASK FOR HELP

- Teachers and school staff
- Police officers in uniform
- Shop workers inside a shop
- Parents with children nearby

### KEY MESSAGE FOR YOUR CHILD

**"If something feels wrong, it probably is.**

**Say NO. Walk away fast. Tell me immediately.**

**Being safe is more important than being polite."**

**Practice these responses at home until they become automatic.  
Confidence comes from repetition.**

# Family Hub



Online FREE talk by Jane Keyworth

## Anxiety Based School Avoidance

March 26th 7-8pm



Book online

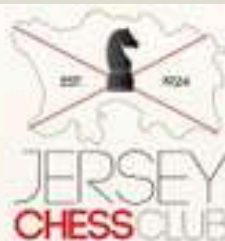
[www.facefamilyadvice.co.uk](http://www.facefamilyadvice.co.uk)

go to PARENTS - Live Talks page



 <b>FACE</b>	
<b>March 2026 Timetable</b> <small>All sessions delivered live online via zoom, 90 minutes long</small> <b>£24 each or FREE with School Membership</b> <small>Book online at <a href="http://facefamilyadvice.co.uk">facefamilyadvice.co.uk</a></small> <small>Recordings available for 48 hours (excluding Free Talk)</small>	
Improving Family Communication	2 Mar 10am
Autism - Improving Communication	2 Mar 7pm
Understanding Addictive Behaviour	3 Mar 10am
Supporting a Child with ADHD	3 Mar 7pm
Anxiety Based School Avoidance	9 Mar 10am
Understanding Anger	9 Mar 7pm
Supporting Healthy Screen Use	10 Mar 10am
Facing Defiance	10 Mar 7pm
Cannabis and Ketamine Awareness	16 Mar 10am
Anxiety Explained	16 Mar 7pm
Introduction to OCD	17 Mar 10am
What is ACT	17 Mar 7pm
Raising Self-Esteem	23 Mar 10am
Decreasing Depression	23 Mar 7pm
Supporting Healthy Sleep	24 Mar 10am
Understanding the Teenage Brain	24 Mar 7pm
<b>FREE Anxiety Based School Avoidance</b>	26 Mar 7-8pm

# 12TH



# JERSEY JUNIOR CHESS CHAMPIONSHIPS

## VENUE: VICTORIA COLLEGE

The Great Hall

Open to all Jersey Juniors Under 18 as of 1/1/26. Players have 10 minutes each on their clock.

## SUNDAY 8<sup>TH</sup> MARCH 2026

**10:00-10:15**

REGISTRATION

**10:30-12:00**

ROUNDS 1-4

**12:00-12:30**

LUNCH BREAK

STUDENTS TO BRING PACKED LUNCH; NO NUTS PLEASE.

**12:30-13:45**

ROUNDS 5-7

**14:00**

PRESENTATIONS & CLOSING SPEECHES

**ORGANISERS HAVE RESPONSIBILITY FOR THE CHILDREN IN THE PLAYING HALL ONLY.**

**AGE CATEGORIES: U7, U9, U11, U13, U15 & U18, AS WELL AS TOP 3 GIRLS.**



## SIGN UP NOW

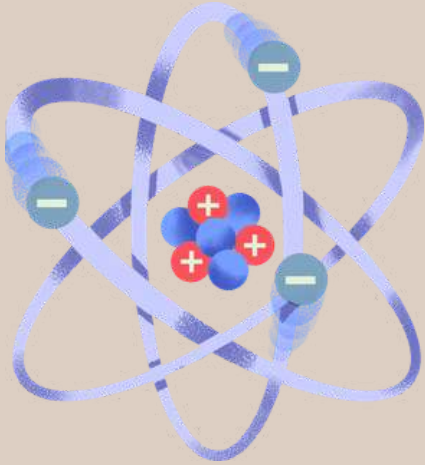


TO ENTER: PLEASE CONFIRM FULL NAME, DATE OF BIRTH, SCHOOL, AND EMERGENCY CONTACT NUMBER TO:

[juniors@jerseychessfederation.com](mailto:juniors@jerseychessfederation.com)

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# I ♥ Science



## This Week



Year 3 have made a fantastic start to their learning on light. They have identified light sources and understand that we see things because light enters our eyes. This week they have investigated reflection and ranked surfaces according to how reflective they are.

Year 4 have continued with their work on 'States of Matter' and this week they are carrying out an investigation into how temperature affects the rate of evaporation.

Year 5 had great fun observing what happens when different substances are added to water. They will begin to use the vocabulary 'dissolve, solution and soluble' to explain their findings.

Year 6 are also studying 'Light', building on their learning in year 3. This week they proved that light travels in straight lines.



# YEAR 3

## THE WEEK AHEAD



We had a fantastic time celebrating World Book Day today. It was wonderful to see the creative clues the boys brought in, which sparked lively and thoughtful discussions as we tried to guess each character. What a joy it was to see everyone taking part with such enthusiasm and making the celebration so special.

Next week is one of the most highly anticipated and exciting weeks in Year 3 - DT Week, which means it's time to start making our tipper trucks! The boys will be designing and building their own trucks, using precise measuring skills and careful cutting (especially when the teachers bring out the saws!). We would love for you to join us for our parent drop-in session next Thursday from 10-12, where you can support your son in class and help bring his wonderful creation to life.

To finish the week, we'll be holding a competition next Friday to see whose truck travels the furthest and which one can carry the greatest number of tennis balls. It's sure to be an exciting and memorable week!

### WHAT'S NEW?

What qualities did a person living in the Stone Age need to have? Explain why these traits were important.

How do you think the fishermen felt about Jesus choosing them?

### WHAT'S NEXT?

What design ideas do you have for your tipper truck?

What skills do you think you will need to use when building your truck?

## FIELD TRIP

WE HAVE A HISTORY TRIP TO LA HOUGUE BIE PLANNED FOR WEDNESDAY 25 MARCH. PLEASE SEE THE LETTER SENT OUT SEPARATELY ABOUT THIS FOR FURTHER DETAILS. IF YOU WOULD LIKE TO OFFER YOUR HELP ON THIS TRIP THEN PLEASE EMAIL YOUR SON'S CLASS TEACHER DIRECTLY.



### EASTER SINGING IN TOWN!



ON WEDNESDAY 1ST APRIL (THE LAST DAY OF TERM), YEAR 3 WILL BE HEADING DOWN TO KING STREET TO SPREAD SOME EASTER CHEER BY SINGING FOR SHOPPERS IN TOWN. WE WILL BE PERFORMING OUTSIDE MARKS & SPENCER FROM 1:30-1:45PM, AND WE WOULD LOVE FOR YOU TO COME ALONG AND SUPPORT US!

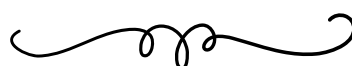
ALL OF THE SONGS ARE NOW AVAILABLE ON SEESAW. A BOOKLET WITH THE LYRICS WILL BE PROVIDED; HOWEVER, MISS LEZALA HAS ASKED THAT THE FOLLOWING TWO SONGS ARE LEARNED BY HEART:

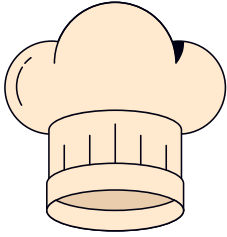
- HOP HOP HOP
- JOIN THE DANCE



FOR THE SONG SING YOURSELF A HAPPY SONG, PLEASE SEE THE GROUPS BELOW:

- GROUP 1: 3T
- GROUP 2: 3B
- GROUP 3: 3N





# YEAR 4

## THE WEEK AHEAD



In English we will continue with our lovely learning journey – the Invisible and develop and enhance our writing with the use of positive verbs, semi colon and pathetic fallacy.

In Maths the boys will be continuing their work on fractions. They will be learning how to simplify fractions, to add and subtract fractions as well as add and subtract mixed numbers.

All three classes continue with their trumpet or violin sessions. Please ensure your son brings his musical instrument in on the correct day. Monday 4F trumpets, Tuesday 4BF violins and Wednesday 4B trumpets. The boys are learning new tunes and techniques which you will be able to experience at the concerts towards the end of term. Please ensure they put in regular practice- the concert is creeping up on us. Each class will perform to parents and dates and times will be sent out shortly. It will be the penultimate week of term.

The boys are very much enjoying learning about Ancient Egypt. They will start to make comparisons with other ancient civilisations making good use of the facts they have learned so far as well as complete their work on mummification.

### WHAT'S NEW?

In R.E, the boys are developing their understanding of the Pentecost and the impact it had on Christians.

In Games we have now moved over to summer sports- cricket, athletics and tennis.

### WHAT'S NEXT?

What is a positive verb?

Ask your son what is meant by pathetic fallacy.



### JMS INSTRUMENTAL PROJECT PERFORMANCE (PLAYGROUND WILL BE OPEN FOR PARKING)

PARENTS ARE INVITED TO ATTEND A SHORT CONCERT, FROM 9:15 TO 9:45AM

MONDAY 23 MARCH: 4F - TUESDAY 24 MARCH: 4BF - WEDNESDAY 25 MARCH: 4B

IF YOUR SON HAS REALLY ENJOYED THE PROJECT AND IS INTERESTED IN STARTING LESSONS, INFORMATION WILL BE GIVEN DURING THE PERFORMANCE, OR ALL PERIPATETIC MUSIC LESSON INFORMATION CAN BE FOUND ON OUR WEBSITE. [MUSIC AT VCP](#)



## COOKING TIME

IN A COUPLE OF WEEKS, THE BOYS WILL BE STARTING AN EXCITING DT COOKING PROJECT. THEY WILL BE TASTE TESTING, REVIEWING, DESIGNING, AND EVENTUALLY CREATING THEIR OWN BISCUITS AS PART OF THEIR LEARNING. IN THE FINAL WEEK OF TERM, WE WOULD LIKE TO INVITE PARENTS AND CARERS TO JOIN US IN CLASS TO SUPPORT THE BISCUIT-MAKING SESSIONS. YOUR ROLE WOULD BE TO HELP SMALL GROUPS FOLLOW THEIR INSTRUCTIONS, SUPPORT THEM THROUGH THE COOKING STEPS, AND ASSIST WITH TIDYING UP AS NEEDED.



THE SESSION TIMES FOR EACH CLASS ARE AS FOLLOWS:

- CLASS 4B: MONDAY 30 MARCH, 10:10-11:45
- CLASS 4BF: MONDAY 30 MARCH, 1:00-2:30
- CLASS 4F: TUESDAY 31 MARCH, 10:10-11:45



IF YOU ARE ABLE TO HELP, PLEASE EMAIL YOUR SON'S CLASS TEACHER TO LET THEM KNOW.

# Squash Club



**YEAR 5/6**

MONDAY LUNCHTIMES 12-1PM

MEET IN MRS LE CUIROT'S OFFICE

**(BOYS MUST BRING PACKED LUNCH)**

SIGN UP ON SOCS, ONLY 2 PLACES REMAIN

[SOCS LOGIN](#)

DATE CHANGES  
W/B 23/3/26  
MONDAY 23 MARCH - GAMES  
THURSDAY 26 MARCH - PE

YEAR 5

THE WEEK AHEAD

YEAR 5 SWIMMING GALA  
WEDNESDAY 1 APRIL  
LANGFORD 1:00PM  
SPECTATORS WELCOME!

In Maths, we will be continuing our work on the area and perimeter of 2D shapes. The boys have already shown an excellent understanding of perimeter, including both regular and irregular polygons. We will now move on to exploring the different methods for calculating the area of rectangles, squares and compound shapes. The boys will also learn how to estimate the area of irregular shapes by considering how much space they occupy. Later in the term, we will begin a new topic focusing on interpreting line graphs, reading tables and using timetables for real-life purposes.

Our new Computing topic is Micro:bit. A Micro:bit is a small, programmable device that the boys will learn to use in a variety of creative and practical ways. It uses a coding language similar to Scratch and introduces important programming concepts such as variables and repeat functions. This week, the boys will have the chance to explore and experiment freely with a Micro:bit to see what they can create with minimal guidance. The boys really enjoyed learning about how to create complex passwords and about two factor authentication using our Minecraft enriched Online Safety learning.

In English, the boys will continue developing their States Chamber speeches. They are learning how persuasive speeches are structured and are exploring a range of potential debate topics. The boys will also focus on using persuasive techniques—such as alliteration, facts and opinions, rhetorical questions and repetition—to make their arguments more impactful and engaging.

## WHAT'S NEW?

What compound shapes can you find in your home?

Can you use this site to begin your Micro:bit journey? <https://makecode.microbit.org/>

## WHAT'S NEXT?

How does AFOREST help us to remember persuasive techniques?

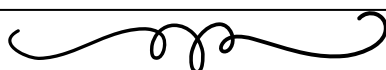
If I was tracking how many hours I spent exercising a week, what type of graph or table should I use?



YEAR 5 ACTIVITIES - MONDAY 29 TO TUESDAY 30 JUNE 2026

PLEASE SEE THE LETTER SENT OUT ON THE 2 MARCH  
FOR FURTHER INFORMATION AND PAYMENT DETAILS

BOYS WILL TAKE PART IN LOTS OF FUN ACTIVITIES DURING THEIR RESIDENTIAL INCLUDING:  
BEACH ACTIVITY DAY WITH ABSOLUTE ADVENTURES INCLUDING COASTEERING, KAYAKING AND  
BEACH GAMES, 1-NIGHT STAY AT JERSEY ACTIVITY CENTRE (JAAC), INCLUDING DINNER, BREAKFAST AND  
LUNCH, AN ART ACTIVITY WITH JERSEY HERITAGE AT THE DOLMAN NEAR THE JAAC  
AND MUCH MORE!



### DATE CHANGES

W/B 23/3/26

MONDAY 23 MARCH - PE

WEDNESDAY 25 MARCH - GAMES

# YEAR 6

## THE WEEK AHEAD

NO HOCKEY CLUB ON WEDNESDAY  
11 MARCH DUE TO BENTLEY  
PHOTOGRAPHIC USING THE ASTRO

It has been a brilliant week in Year Six with our Rock Bottom rehearsals going very well-it will certainly be a night to remember!

We have continued with our work on area and perimeter in Maths, this week focussing on the area of a triangle and finding missing lengths. In English, we have finished our Impossible Creatures unit and have now started our new book 'Letters from a Lighthouse'. Well done to all of Year Six who produced super fact files about their mythical creatures which are now displayed in our year group area.

Year Six also displayed their wonderful oracy skills during sessions on Wednesday when schools visiting VCP came to see this in action. They thoroughly enjoyed showcasing these and their actions linked with the terminology, particularly about the topic of sports and technology used in competitive sports. Their debate topic was: "What's more important: A sport that follows the rules or a sport that fans enjoy?"

Next week, we have YouMatter coming to us on Monday morning (9 March) to talk about mental health and well-being.

### WHAT'S NEW?

What is the formula for the area of a triangle?

What is your prediction for Letters from a Lighthouse?

### WHAT'S NEXT?

What is your understanding of the 'mean' in terms of numbers?

What slogans can you think of relating to the war effort in World War Two?

### **DON'T FORGET**

BUDE PARENT MEETING  
VCP HALL  
WEDNESDAY 11 MARCH 6:00-7:00PM

SHOW SCHOOL REHEARSALS STARTED THIS HALF TERM  
FROM 3:00 TO 4:30PM. REFER TO THE SCHEDULE SENT ON 2 FEBRUARY  
COLLECTION IN THE PLAYGROUND

### ROCK BOTTOM DATES FOR THE DIARY!

DRESS REHEARSALS: MONDAY 23 & TUESDAY 24 MARCH 1:00PM  
EVENING PERFORMANCES: WEDNESDAY 25 & THURSDAY 26 MARCH 6:30PM

