



ADHD and the teenage brain – an evening presentation

We are pleased to welcome back Anthea Carroll, Deputy Head Teacher, and SENCO from Springfield School, for another evening presentation where Anthea will share her research and experience on the ADHD brain and teenagers. Anthea has ADHD herself and has real life experience of raising a teenager with ADHD.

The evening session aims to equip parents and carers with knowledge on:

- understanding the ADHD brain
- the characteristics of ADHD and what these might look like in your teenager
- different strategies to help with ADHD behaviours.

Who is it for? Parents and carers of a young person aged 11-18, who have a child with a diagnosis of ADHD or ADHD traits.

When is it happening? Wednesday 6th March 2024, at The Bridge, from 18:00 – 19:30, or attendance online via Teams.

How can I take part? To express your interest or for the Teams link please contact the Children and Families Hub team on 01534 519000, or email childrenandfamilieshub@gov.je

The Children and Families Hub provides information, advice and support for children, young people and families.

To find out more, scan the QR code or visit www.gov.je and search for *Children and Families Hub*

