

**“My girls started Samurai Kickboxing just over a year ago, I couldn't have imagined what a massive part of their lives it would become. My two quiet, shy & lacking self-confidence girls have transformed into strong, confident young females with awesome kickboxing skills!”**



Samurai Kickboxing classes are available to book for next term (January-March):

**Mondays 3 - 4pm**

**Fridays 7.30 - 8.30am**

You can see our term dates by holding your phone camera over the QR code. Alternatively click [here](#).



All parents want their children to be **mentally strong, confident & resilient** which is why, as well as learning kickboxing, we place a lot of importance on helping children to improve:

- **Discipline & focus**
- **Resilience**
- **Self-confidence & self-esteem**
- **Aerobic fitness**
- **Flexibility, balance & coordination**
- **Endurance & stamina**

We have been established for over 12 years and currently have over 1,300 students in our classes every week, in Jersey & the UK (Bucks, Berks & Dorset). Our classes are age specific so we can really focus on the developmental stages of each age group:

- **Little Samurai** - age 4 to Year 2
- **Young Samurai** - Years 3 to 6
- **Samurai Kickboxers** - Years 7 to 10
- **Adults** - age 15+

**NEW STUDENTS:** We offer a **FREE TRIAL CLASS** for all new students. To book a free trial, hold your phone camera over the QR code or click [here](#) & then 'Free Trial Jersey'.

**EXISTING STUDENTS:** 1 hour classes are £117 for the term. To re-book, hold your phone camera over the QR code or click [here](#) and then 'Sign-In Jersey'.

*We regret that we are unable to teach any students who have not booked their space in the class (rebooking or a free trial) for insurance reasons.*

**We encourage parents to familiarise themselves with our booking system.** You can view their class booking (including class dates, missed classes etc.) & check your latest invoice or statement under the 'Billing' section. The booking system works best when used on a laptop/desktop OR by downloading the Class Manager app to your phone using the following link [Class Manager](#) (be sure to download the Customer Portal).

If the class at the school does not suit you, we also have public classes (you can see a list of these in your local area by scanning the QR code above).

We also run very popular holiday camps.

If you have any questions, please do not hesitate to contact us.

Kind regards,

Matthew Collins

**Founder, CEO & Chief Instructor**

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